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Living and Telling is an Agapé UK resource,  
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# INTRODUCTION

## EVANGELISM.

“I try but I don’t know if  
I’m making any difference at all.”

“It’s not really my gift.  
That’s why we have preachers.”

“I’m barely even a Christian myself!  
I can’t help someone else become one.”

“I wish everyone would stop going on about it.  
I feel guilty enough as it is.”

Whatever you think of the word “evangelism”, if you’re a Christian, Living and Telling is for you.

Living and Telling is a training course designed to encourage, inspire and equip you to share your faith in Jesus as a way of life. The Bible says all Christians should be “prepared to give an answer” (1 Peter 3:15) and preparation includes training. Living and Telling will help you prepare to share Jesus in normal, natural ways that don’t freak people out or annoy them. The course is theologically robust and intensely practical, so you’ll be getting into the Bible but also doing what it says. The ultimate goal of Living and Telling is to help you to help more people trust and follow Jesus and know God personally. Then they can do Living and Telling and help more people do the same!

*“The kingdom of heaven is like a mustard seed, which a man took and planted in his field. Though it is the smallest of all seeds, yet when it grows, it is the largest of garden plants and becomes a tree, so that the birds come and perch in its branches.”*  
(Jesus in Matthew 13:31-32)

# WHAT YOU WILL NEED

The Living and Telling course can be run over 10 weeks in small groups or over a packed 2 days. Before you run each session, watch the video through once to see where each pause point happens. However you do it, you will need to look ahead at how each session works, especially session 9 because it is different from the others. Lunchtime on a sunny day is the best time to run this session. And somewhere busy. The other sessions only need an hour each but session 9 will need 2 hours. You might be tempted to skip it, but don't! 😊

Each of the session notes in this guide has a list of things you will need and it should be super easy for anyone to prepare and run with the videos. All the essential handouts (and some extra ones) are in the appendix for you to print and use as required.

We've worked hard to make Living and Telling a FREE resource but there are a few essential printed items you will need to buy to run it effectively. These are all available via [www.livingandtelling.org.uk/run-it](http://www.livingandtelling.org.uk/run-it)



## **The Living and Telling Journal**

We strongly recommend using these throughout the course! Packed with notes for each session but with lots of space to jot things down. One for every person taking part. Cost: £4 each or £20 per pack of 10.



## **"5 in focus" bookmarks**

See session 4. To help people pray regularly for 5 non-Christians. One each. Cost: £2.50 for pack of 25.



## **"THE FOUR" wristbands**

See session 5. To wear at all times to help with conversations about Jesus. One each. Cost: £1.25 each.



### **“Knowing God Personally” booklets**

See session 6. A tool to have ready at all times to help with longer conversations about the good news of Jesus. One each. Cost: £6 for pack of 25. Also available as a free app: [www.godtoolsapp.com](http://www.godtoolsapp.com)



# 1. STARTING RIGHT

Where are you at with Jesus?  
What stops you sharing him more?

## In this session

This session helps us as Christians to wonder why we might be struggling to share our faith and to help us with this, we take a look at a passage in 1 Corinthians. We come back to Jesus for forgiveness and encouragement and then think again about what “success” means when it comes to sharing our faith.

## Structure of the session

Roughly 9 minutes of video with 3 PAUSE POINTS along the way:

	<b>Timings</b>
• VIDEO PART 1: Intro, Impact, 3 kinds of people?, Start right by starting again	5m40s
• PAUSE POINT 1: Individual confession and 1 John 1:9	10mins
• VIDEO PART 2: Why do we struggle to share our faith?	48s
• PAUSE POINT 2: Discussion – What stops YOU sharing Jesus more?	5-10mins
• VIDEO PART 3: Reasons or excuses?	1m10s
• PAUSE POINT 3: Discussion – Success in sharing my faith is...	5-10mins
• VIDEO PART 4: The Living and Telling definition of success	1min

So the session should end up being about 30-40 minutes, depending on time taken for discussion/activities. This of course doesn't account for time taken for welcome, drinks, handing out journals, and other things you might like to have done at the start.

## What you will need

- Bibles, pens and Journals (page 5-7)
- The video for this session
- For PAUSE POINT 1: a small piece of paper each and a shredder or bin or even a metal tray or bowl to burn them in (be aware of smoke alarms!).

Tip: At the start, get everyone to write their names in their journals!

Tip: Make sure everyone gets the definition written down at the end before you PRAY together.